



CARE PROTOCOLS

The Essential Treatment

FACIAL TREATMENT



Organic skin care
Antioxidant / moisturising*.

To awaken the glow of your skin and to deeply moisturise it, this treatment combines the antioxidant properties of the olive leaf extract with an anti-free radical and moisturising complex of Green Tea, Edelweiss and Aloe Vera. 45-60 minutes' treatment is required to rediscover a clear and rested complexion, and a soft and velvety skin.

ACTIVE INGREDIENTS : 100 % NATURAL AND ORGANIC



Gentle Cleansing Milk
Concentrate of antioxidant plant ingredients, this treatment gently removes makeup and impurities and alleviates the most sensitive of skin types whilst preserving their hydrolipidic film.



Moisturising Cleansing Water
Rich in antioxidant plant extracts and juice of Aloe Vera, this water moisturises, refreshes and illuminates the complexion.



Intense antioxidant Treatment
This treatment moisturises deeply and helps to fight against signs of ageing whilst protecting the cells from external aggressions. Once revitalised, the skin is more comfortable, soft and radiant.



Eye and Lip Contour Gel
Rich in natural moisturising and firming agents, this gel quickly penetrates the skin and firms out wrinkles, fine lines and crows' feet.



Gentle Moisturising Treatment
Strong concentrate of natural antioxidant ingredients, this daily treatment deeply moisturises the skin and strengthens the skin's defences. It restores radiance, softness and flexibility.



Radiance Elixir
A concentrate of active plant antioxidants, this natural dry oil smoothes wrinkles and fine lines whilst stimulating cellular activity and protects against skin from ageing.



Radiance Facial Mask
This cream mask gently removes dead skin cells, absorbs the toxins and at the same time, oxygenates the skin. The skin once again discovers softness and radiance.



Moisturising Hand Cream
This cream moisturises, soothes and protects the fragile skin of the hands. The antioxidant plant extracts associated with the nourishing oils protect the skin from external forces and at the same time strengthens the nails.

* Upper skin layers

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sans OGM, sans paraben ajouté, ni silicone, sans colorant, ni parfum de synthèse et non testés sur les animaux.



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La Clarée
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Freshness treatment for a Radiant Complexion

Face Care : All skin types

Length of treatment **40 minutes**



Actions

Enables an optimum and long-lasting hydration;
Activates cellular regeneration, skin mineralisation and oxygenation;
Prevents premature ageing;
Brings vitality, comfort, softness and radiance to the complexion;
Excellent base for makeup.

Products Used

Gentle Cleansing Milk
Moisturising Cleansing Water
Radiance Elixir
Radiance Facial Mask
Gentle Moisturising Treatment

Steps

Remove makeup and relax
Re-mineralise
Stimulate cellular activity
Oxygenate and moisturise
Relax



1 - Welcome (5 minutes)

- Carry out a short welcome massage (for relaxation of the hands, touching the neck, nape of the neck, shoulders and ears gently, and checking the position of the feet).

- Diagnosis of the skin

2 - Cleansing and Toning (5 minutes)

- Place cotton-wool discs soaked in cold water of the eyes.
- Rub the eyes gently (twice) and remove the discs.
- Apply the GENTLE CLEANSING MILK on the face and neck in circular movements.
- Rinse with clear water by means of vegetable sponges.
- Finish off the cleansing and toning with FRESH MOISTURISING LOTION.
- Dry with a paper tissue

3 - Gentle Scrub (15 minutes)

- To prepare the skin for treatment, carry out a facial scrub with a RADIANT FACIAL MASK.

NORMAL / DRY SKIN :

- Apply the mask thickly avoiding eye contact;
- Leave for 10 minutes;
- Emulsify with the tips of the fingers using large circular movements on the face and neck;
- Rinse with clear water.

MIXED AND GREASY SKIN :

- Apply the mask in a thin layer, avoiding eye contact;
- Leave for 10 minutes;
- Proceed to scrub with the finger tips – dead cells and impurities are removed with this process.

- Rinse with clear water

- Tone the skin with MOISTURISING CLEANSING LOTION.

Steam bath to eliminate blackheads according to the client's needs.

4 - Gentle Mini Facial Massage (10 minutes)

- Preparation : mix 10ml of GENTLE MOISTURISING LOTION and 10 drops of RADIANCE ELIXIR in a small dish;
- After heating the mixture in your hands, carry out a relaxing massage focusing on the nape of the neck, the shoulders and face for 10 minutes.
- The massage stimulates and activates cellular metabolism, revitalises circulation and oxygenates the skin;
- Remove excess lotion with a paper tissue.

5 - Moisturise / Regeneration of radiance

- To complete the treatment, apply the GENTLE MOISTURISING TREATMENT. For skin-types prone to dryness, add 4 drops of RADIANCE ELIXIR to the treatment before applying it.

Following the treatment, give the customer her "Beauty Prescription" with the names of the products used during the treatment to prolong the benefits achieved in the treatment at home.

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Relaxing Antioxidant intense protection treatment

Face Care : Mature skin, all skin types

Length of treatment **60 minutes**



Actions

Gently removes makeup and reduces stress of skin;
Helps to keep skin youthful by neutralising toxins;
Works in synergy with the cellular regeneration process;
Helps to fight against exterior aggressions;
Smoothes out wrinkles and lines for more radiance and firmness.

Products Used

Gentle Cleansing Milk
Moisturising Cleansing Water
Radiance Elixir
Radiance Facial Mask
Contour gel for eyes and lips
Intense Antioxidant Treatment
Moisturising Hand Treatment

Steps

Welcome massage
Deep cleansing
Purification and Refinement of the Skin
Encourage cellular regeneration
Protect the cells
Firming and Smoothing out of the skin



1 - Welcome Massage (10 minutes)

- Carry out a short welcome massage (time to diagnose the condition of the skin and to explain the course of treatment to the customer)
- Work on tension in the nape of the neck and shoulders;
- Large movements on the body.

2 - Cleansing and Toning (5 minutes)

- Apply GENTLE CLEANSING MILK Lotion with the tips of your fingers and rub in with small circular movements.
- Rub the eyes gently with water to perfect the cleansing.
- Rinse with clear water by means of vegetable sponges.
- Dry with a paper tissue.

3 - Gentle Scrub (15 minutes)

- Use the clay-based RADIANCE FACIAL MASK to re-mineralise and moisturise the skin.
- To prepare the skin for treatment, carry out a facial scrub with a RADIANT FACIAL MASK

DRY / SENSITIVE SKIN :

- Apply the mask thickly avoiding eye contact;
- Leave for 10 minutes;
- Emulsify with the tips of the fingers using large circular movements on the face and neck
- Rinse with clear water.

NORMAL / MIXED SKIN :

- Apply the mask in a thin layer, avoiding eye contact.
- Leave for 10 minutes;
- Proceed to scrub with the finger tips – dead cells and impurities are removed with this process. Rinse with clear water
- Tone the skin with MOISTURISING CLEANSING LOTION.

4 - Hand Massage (5 minutes)

- Whilst waiting for the mask to take effect, gently massage the hands using a small drop of MOISTURISING HAND LOTION
- Steam bath to eliminate blackheads according to the client's needs.*

5 - Gentle Facial Massage (20 minutes)

- Gentle period of relaxation
- Preparation : 6 drops of RADIANCE ELIXIR with 10 ml of vegetable oil (apricot, grape pips . . .)
- Pour the mixture into your hands and heat it naturally in your hands before spreading it over the face neck and neckline.
- Gently massage for 10 minutes to de-stress and relax the client.
- Remove any excess with a paper tissue.

6 - Protect / Illuminate: Final Treatment (5 minutes)

- Prepare the client for the end of her treatment
- Apply EYE AND LIP CONTOUR GEL, then the INTENSE ANTIOXIDANT TREATMENT on the whole of the face and neck.
- For those prone to dry skin, you can apply 4 drops of - RADIANCE ELIXIR before the INTENSE ANTIOXIDANT TREATMENT.

Following the treatment, give the customer her "Beauty Prescription" with the names of the products used during the treatment to prolong the benefits achieved in the treatment at home.

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